



I lift up my eyes to the hills; from where is my help to come - Sadao Watanabe

The Second Sunday in Lent

Eucharist

Sunday, March 1, 2026, 10:00 a.m.



HĀLAU WAʻA
EPISCOPAL
HONOULIULI

Kapolei Elementary School, Kapolei
The Rev. Mark Kekaileonui Haworth

OLI ALOHA:

Onaona i ka hala me ka lehua
He hale lehua no ia na ka noe
O ka `u no ia e `ano`i nei
E lia`a nei ho`i o ka hiki mai
A hiki mai no `oe
Hiki pu no me ke aloha
Aloha e, aloha e

*Fragrant with the breath of hala and lehua
This is the sight I long to see
Of this, my present desire
Your coming fills me with eagerness
Now that you have come
Loves comes with you
Greetings, greetings*

OPENING HYMN: The Blessing

The Lord bless you and keep you, Make his face shine upon you
And be gracious to you, The Lord turn his face toward you,
And give you Peace (2X)

CHORUS: A-men, Amen, Amen A-men, Amen, Amen

The Lord bless you and keep you, Make his face shine upon you
And be gracious to you, The Lord turn his face toward you,
And give you Peace CHORUS

May his favor be upon you, And a thousand generations, And your family and
your children, And their children, and their children (2X)

May his presence go before you, And behind you and beside you,
All around you and within you, He is with you, he is with you
In the morning in the evening, In your coming, and your going
In your weeping and rejoicing, He is for you He is for you

He is for you He is for you He is for you He is for you
He is for you He is for you He is for you CHORUS 2X

Opening Acclamation

Celebrant Bless the Lord who forgives all our sins;

People **His mercy endures for ever.**

Celebrant Almighty God, to you all hearts are open, all desires known, and
from you no secrets are hid: Cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit, that we may perfectly love you, and worthily
magnify your holy Name; through Christ our Lord. **Amen.**

Gloria – Noho pu

Noho pū, noho mai me ia'u, kia'i a pule, kia'i a pule.

Noho pū, noho mai me ia'u, kia'i a pule, kia'i a pule.

Stay with me, remain here with me, watch and pray, watch and pray.

Stay with me, remain here with me, watch and pray, watch and pray.

The Collect of the Day

The Celebrant says to the people

Celebrant The Lord be with you.

People **And also with you.**

Celebrant E pule kākou.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

The Lessons

The people sit. The Reader first saying

A Reading from the Book of Genesis.

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

(Genesis 12:1-4a)

Lector The Word of the Lord.

People **Thanks be to God.**

The Psalm

Let's read Psalm 121 responsively, breaking at the asterisk.

- 1 I lift up my eyes to the hills; * from where is my help to come?
- 2 My help comes from the Lord, * the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The Lord himself watches over you; *
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, * nor the moon by night.
- 7 The Lord shall preserve you from all evil; *
it is he who shall keep you safe.
- 8 The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

(Psalm 121)

The Epistle

A reading from Paul's letter to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

(Romans 4:1-5, 13-17)

Lector The Word of the Lord.

People **Thanks be to God.**

GOSPEL HYMN: You Say

I keep fighting voices in my mind that say I'm not enough
Ev'ry single lie that tells me I will never measure up
Am I more than just the sum of e'ry high and ev'ry low
Remind me once again just who I am because I need to now, oo ohh

Chorus

You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
You say I am held when I am falling short
And when I don't belong, oh, You say I am Yours
And I believe, oh I believe. What You say of me. I believe

The only thing that matters now is ev'rything You think of me
In You I find my worth, in You I find my i-den~ti-ty oo oh

Chorus

Taking all I have and now I'm laying it at Your feet
You'll have ev'ry failure God. You'll have ev'ry vic-to-ry oo oh

Chorus

Oh I believe, yes I believe. What You say of me. I believe.

The Gospel

Then, all standing, the Deacon or Celebrant, first saying

The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Celebrant

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it

comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

(John 3:1-17)

The Gospel of the Lord.

People

Praise to you, Lord Christ.

The Sermon

Erik Untalan, Postulate

The Nicene Creed

The Celebrant and People then say the Nicene Creed together, all standing.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in

glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. *Amen.*

The Prayers of the People

In peace, let us pray to the Lord, saying, *E ka Haku, e aloha mai* (“*Lord, have mercy*”). For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord. *Here and after every petition the People respond* **E ka Haku, e aloha mai.**

For Sean, our Presiding Bishop, for Robert our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord. *People* **E ka Haku, e aloha mai.**

For all who love God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord. *People* **E ka Haku, e aloha mai.**

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord. *People* **E ka Haku, e aloha mai.**

For the peace of the world, for the people in all areas of conflict, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord. *People* **E ka Haku, e aloha mai.**

For those in positions of public trust, that they may serve the people they are entrusted with, with justice and peace, and promote dignity and freedom for all, we pray to you, O Lord. *People* **E ka Haku, e aloha mai.**

For the poor, the persecuted, the sick ___, and all who suffer; for refugees, prisoners, for those who are deployed, for those traveling ___, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.
People **E ka Haku, e aloha mai.**

For this congregation, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.
People **E ka Haku, e aloha mai.**

For all who have commended themselves to our prayers; for those who are in discernment for ministry – Erik, for those celebrating life events_____, for our friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.
People **E ka Haku, e aloha mai.**

For all who have died in the communion of your Church _____, and their loved ones, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.
People **E ka Haku, e aloha mai.**

Rejoicing in the fellowship of the ever-blessed Virgin Mary and St. Joseph, King Kamehameha IV and Queen Emma, Queen Lili‘uokalani, Mother Marianne of Moloka‘i, and Father Damien, and all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People **Ho'omaika'i iā, e ka Haku.** (*Praise to you, O Lord.*)

The Celebrant adds the following concluding Scripture verse from 1 Tim. 1:17.

I ke Ali'i mua loa,	<i>To the King of ages,</i>
make 'ole,	<i>immortal,</i>
'ike maka 'ole 'ia,	<i>invisible,</i>
ke Akua akamai o'okahi wale nō,	<i>the only God,</i>
ka mahalo,	<i>be honor and glory,</i>
a me ka ho'onani 'ia,	<i>forever</i>
a mau loa aku.	<i>and ever.</i>
'Āmene.	Amen.

Prayer for Restoration

Celebrant

Recognizing that we all have a part in the hurts done to each other and to the whole creation, we acknowledge our own failings, ask forgiveness, and pray for a new start.

Together

Fount of all mercy, we acknowledge that we have strayed from your way. We ask that you restore us when we lose the way of oneness with you and your creation. Be with us as we wander in that lonely wilderness, strengthen as we return, renew us in the awareness of your ever-present love, and return us to your ways of love, compassion, and service.

Celebrant

By the power of the one great love, your errors are forgiven. May you be made whole and brought anew into the peace of God. **Amen.**

The Queen's Prayer

'O kou a-lo-ha nō

A'i'a i ka lani

A 'o Kou 'ola 'i 'o

He hemolele ho'i

Your loving mercy

Is as high as Heaven

And your truth

So perfect

Ko'u noho mihi 'ana

A pa'a hoa 'ia

'O 'oe ku 'u lama

Kou nani ko'u ko'o

I live in sorrow

Imprisoned

You are my light

Your glory, my support

Mai nānā 'ino'ino

Nā hewa o kānaka

Akā e huikala

A ma'e ma'e nō

Behold not with malevolence

The sins of man

But forgive

And cleanse

Your loving mercy, Is as high as Heaven, And your truth, So perfect
I live in sorrow, Imprisoned, You are my light, Your glory, my support
Behold not with malevolence, The sins of man, But forgive, And cleanse
And so, o Lord, Protect us beneath your wings, And let peace be our portion,
Now and forever more

No lai la e ka Haku
Ma Lalo o kou 'ēheu
Kō mākoou maluhia
A mau loa a-ku nō
Āmene.

*And so, o Lord
Protect us beneath your wings
And let peace be our portion
Now and forever more
Amen.*

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People

And also with you.

Special Prayers and Thanksgivings:

Little Canoe Time: Special offerings through QR CODE to get to Tithe.ly
https://tithe.ly/give_new/www/#/tithely/give-one-time/5778556.



OFFERTORY HYMN: One Bread, One Body

CHORUS:

One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many, throughout the earth,
We are one body in this one Lord.

Gentile or Jew, servant or free,
Woman or man, no more.

CHORUS

Many the gifts, many the works,
One in the Lord of all.

CHORUS

Grain for the fields, scattered and grown,
Gathered to one for all.

CHORUS

Ho'onani i ka Makua mau

Ho'onani i ka Makua mau
Ke Keiki me ka 'Uthane nō
Ke Akua mau, ho'omaika'i pū
Ko kēia ao ko kēlā ao.
Amene.

Praise God from whom all blessings
flow. Praise Him all creatures here
below. Praise Him above ye heavenly
host. Praise Father, Son, and Holy
Ghost. Amen.

The Celebrant, faces them and sings or says

God is with us!

People **We are with God!**

Celebrant Lift up your hearts.

People **We lift them to the Source.**

Celebrant Let us give thanks to our Creator God.

People **It is right to give God thanks and praise.**

Then the Celebrant proceeds

We praise you and we bless you, holy and gracious God, source of life abundant. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Celebrant and people together:

From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; rock, fire, and every living thing. You made us creators in your image and taught us to walk in your ways. But we rebelled against you, wandered far away, and used your gifts for evil. And yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in your light and the fullness of your love. So this day we join with all the Earth and heavens in a chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

Celebrant and people together:

Holy, Holy, Holy God, Source of light and life. Earth and the heavens are filled with your love. Blessed is the one who comes in the name of God. Hosanna in the highest.

Then the Celebrant continues

Holy of Holies, remembering our oneness with all that exists and all that has life, it is a joyful thing to be in your presence with each other, with this land, and with all creation.

Celebrant and people

It is a miracle that we and this whole world are here, made by the Light of all lights, formed from stars that lived, died, and poured forth the elements – hydrogen, oxygen, carbon, iron, gold, and more. Born of the sea and walking on earth, we are miracles, shaped by the forces of life, kin with all beings.

This meal of abundance we are about to share is also a miracle – a gift of earth, water, wind, and fire, and of seeds buried in the earth and cracked open. This bread and this wine, with their many meanings, are gifts of life to the living.

Celebrant

For followers of Jesus, these gifts assume particular meaning. Living among us, Jesus went alone upon the mountain to pray. He loved us, broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor.

He yearned to draw all the world into the heart of God – but we have not heeded his call to walk in love. When the time came to complete the offering of his life upon the cross, Jesus was eating supper with his friends. He took bread, gave thanks to you, O God, broke it, offered it to his friends, and said: “Take, eat: This is my Body, offered to heal you and the whole world. Whenever you eat it, remember this.” As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, offered it to his friends, and said: “Drink this, all of you: This is my Blood of the new covenant – a promise of eternal love poured out for you and for all beings. Whenever you drink it, remember this.”

Celebrant and people

Now gathered at your table, remembering that we are one with you and with all creation, we offer to you from your own Earth these gifts of the land, this bread and wine, and our own bodies – our own living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Fill us with your Breath, O God, opening our eyes and renewing us in your love. Send your Spirit over this land and over the whole Earth, making everything a new creation. In the fullness of time bring us, with this good Earth and with all your creatures from every people and tribe and faith and language and nation and species, to feast at the banquet prepared from the foundation of the world.

Celebrant

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, all light and life and love are yours, now and forever. **Amen.**

Now together let's pray the Lord's Prayer:

Our Father, who art in heaven,
hallowed be thy Name,
thy Kingdome come,
thy will be done, on earth,
as it is in heaven.

E ko mākou Makua i loko o ka lani,
E ho'āno 'ia kou inoa. E hiki mai kou
aupuni; E mālama 'ia kou makemake ma
ka honua nei, E like me ia i mālama 'ia ma
ka lani lā.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

E hā'awi mai iā mākou i kēia lā, i 'ai na
mākou no neia lā. E kala mai ho'i iā
mākou, i kā mākou lawehala 'ana,
Me mākou e kala nei i ka po'e i lawehala i
kā mākou.

And lead us not into temptation,
but deliver us from evil;
For thine is the kingdom, and the
power, and the glory, forever and
ever. Amen.

Mai ho'oku'u 'oe iā mākou i ka
ho'owalewale 'ia mai, E ho'opakele nō
na'e iā mākou i ka 'ino; No ka mea, nou
ke aupuni, a me ka mana, a me ka
ho'onani 'ia, a mau loa aku. Amene.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

COMMUNION HYMN: Ubi Caritas

Ubi caritas et a-mor, Ubi caritas deus i-bi est.

Ubi caritas et a-mor, Ubi caritas deus i-bi est.

Ai-a nō e loa'a ke a-lo-ha, Ai-a nō e loa'a ke A-kua nō.

Ai-a nō e loa'a ke a-lo-ha, Ai-a nō e loa'a ke A-kua nō.

Postcommunion Prayer

After Communion, the Celebrant says
E pule kākou.

Celebrant and People

God of abundance, you have fed us with the bread of life and the cup of love. You have reunited us with Christ, with the Earth, and with one another. Now, send us forth in the power of your Spirit that we may proclaim your love and continue forever in the risen life of Christ. *Amen.*

The Priest blesses the people.

Ka Ho'opomaika'i, ana o, Ke Akua Mana Loa, Ka Makua, Ke Keiki,
a me Ka 'uhane hemolele, Me 'oukou, a mau loa aku. ***Amene.***

The blessing of God Almighty, the Father, the Son and the Holy Spirit, be upon all of you and remain forever. ***Amen***

CLOSING HYMN: Thy Word

CHORUS:

Thy Word is a lamp unto my feet and a light unto my path.
Thy Word is a lamp unto my feet and a light unto my path.

When I feel afraid, and I think I've lost my way
- still You're there right beside me.
Nothing will I fear as long as You are near.
Please be near me to the end.

CHORUS

I will not forget Your love for me and yet
my heart forever is wandering.
Jesus, be my guide and hold me to Your side;
I will love you to the end.

CHORUS

The Celebrant, dismisses them with these words

Let us go forth in the name of Christ.

People **Thanks be to God.**



Hālau Wa'a Episcopal – Honouliuli

A Hui of Spiritual Journeys

www.halauwaaepiscopal.org

REV. Mark Kekaileonui Haworth,

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Nu Oli!!! E komo mai!!!! Greetings!!! Welcome!!!!

Who we are:

Hālau Wa‘a Episcopal is a mission and the newest church plant in The Episcopal Church in Hawaii. We serve and welcome ALL of God’s people that live in West O‘ahu: Kapolei, ‘Ewa Beach, Makakilo, Ko‘olina, and Kunia.

Mission:

Hālau Wa‘a Episcopal is a hui of wa‘a (canoes/ministries) empowering individual spiritual journeys. Each wa‘a is focused on creating disciples of Jesus, to meet and to respond to human need through loving service, to transform unjust structures of society, and to sustain and renew the life of our island home.

Outdoor Worship:

To remind us that our ‘āina and moana are sacred, Hālau Wa‘a Episcopal will worship EASTER outdoors at our favorite loi in Waialua (Na Mea Kuponu). The wa‘a will be gathering in prayer and Eucharist, lifting our voices together in the Word and song (and dance)!!

If you are hearing a call to reconnect your inner soul, let’s work on removing any barriers that are keeping you from deepening your spiritual journey! Contact Fr. Mark Kekaileonui today to schedule a walk or a cup of coffee!

WA‘A (Small Group Ministries)

Check www.halauwaaepiscopal.org to plan your
2026 spiritual journey!!

What’s happening in the Keiki/GODLY PLAY Corner? The Keiki Corner has expanded to have materials that are toddler friendly! In addition, THIS Sunday we are exploring THE FACES OF EASTER!!!

Save the Dates!!!

Come share Holy Week with Hālau Wa'a Episcopal!!

HOLY WEEK



**HĀLAU WA'A
EPISCOPAL**

HONOULIULI

WWW.HALAUWAAEPISCOPAL.ORG

**MAR
29**

**PALM
SUNDAY
10AM
KAPOLEI**

**APR
2**

**MAUNDY
THURSDAY
6PM
'EWA BEACH**

**APR
3**

**GOOD
FRIDAY
6PM
KAPOLEI**

**APR
5**

**EASTER
SUNDAY
10AM
WAIALUA LO'I**

EMAIL: REVMARK@HALAUWAAEPISCOPAL.ORG FOR MORE INFO

